

diy japanese-style apron guidelines



fabric dimensions

Apron Body:

Cut 1 large rectangle at 132cm wide x 83cm long, ideally having the grainline running down the length of the fabric.

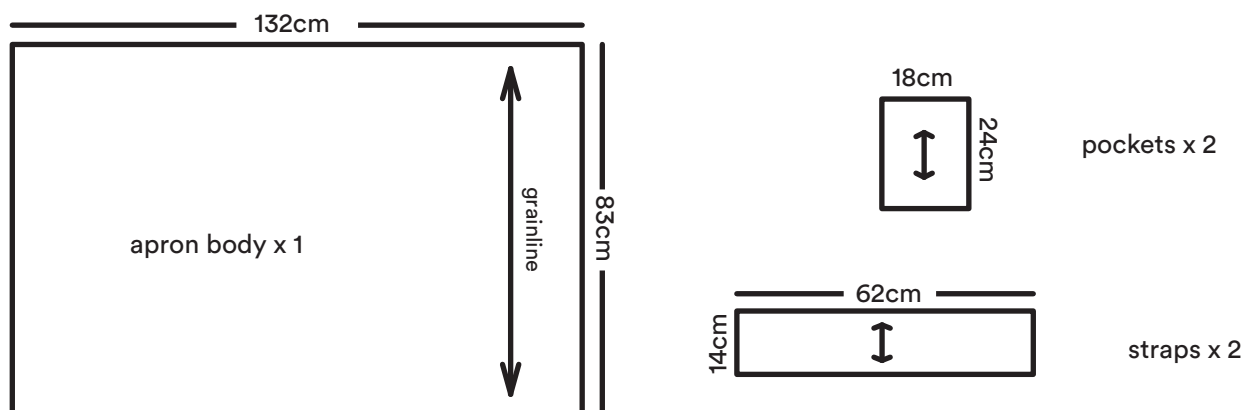
Straps:

Cut 2 straps at 14cm wide x 62cm long.

Pockets:

Cut 2 pockets at 18cm wide x 24cm long.

We found that these measurements for the body and straps worked well for our staff but they can be lengthened or shortened to suit your size.



sewing method

Straps:

Fold straps lengthways, right sides together and stitch all edges with a 1cm seam allowance, just leaving a 3-4cm opening on one of the narrow sides. Clip the corners and turn right side out. Press and then repeat for the second strap. Then on both straps close the openings by stitching 1-2mm from the edge.

Top and side edges:

First hem the sides by folding in 1cm and press. Then fold edge another 5cm, press and topstitch. Repeat these steps with the top edge.

Attaching the straps:

Find the centre front of the apron body top edge by folding in half and making a crease. Measure out 7cm from the crease on either side and mark with chalk or a pin. Take one end of the strap and pin on the outside of this mark overlapping the top edge by 5cm. Secure strap by stitching a square. Then pin the other end of your strap to the corner furthest away on the top edge, overlapping 5cm and securing with a square. Repeat these steps on the other side.

Hem:

The bottom hem of the apron is finished with a 1cm double turned hem.

Fold 1cm, press and then fold another 1cm. Press and topstitch.

Pockets:

Finish the top edge of the pockets with a 2.5cm double turned hem. Fold one of the shorter edges 2.5cm, press, and then fold another 2.5cm. Press and topstitch. All other edges can then be serged or neatened with a zigzag stitch, turned under 1cm and pressed. At this point, the apron can be tried on to determine the best placement of the pockets for your body. We placed ours about 22cm from the bottom and 14cm from centre front.

Once you have figured out the best placement for you, pin the pockets to the apron and topstitch sides 1-2mm from the edge.

Voila! You now have your very own DIY Apron.